| Intersex/ differences of sex development and transgender health policy factsheet |
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## Policy Purpose

# Intersex/Differences of Sex Development (DSD) and transgender people have unique health care needs with many experiencing high rates of poor mental and physical health. This policy describes NT Health’s commitment to providing quality health care as well as informed, welcoming and non-judgmental environments and workplaces for intersex/ DSD and transgender clients and employees.

NT Health is committed to meeting its legal obligations to people who are intersex/DSD and transgender including protection from discrimination under Australian and Northern Territory laws.

## Key Elements of the Policy

* The legal framework, principles, definitions and guidance to promote and support the health and wellbeing of intersex/DSD and transgender people.
* A focus on welcoming, non-discriminatory health service environments.
* The treatment, care and management of intersex/DSD and transgender clients within both Health Services.
* Support and care for NT Health employees who may be intersex/DSD or transgender.

A Department of Health Working Group will oversee implementation.

## Commitments

1. Ensuring health services are aware of and meet their legal obligations by providing non-discriminatory environments and services for all clients and employees.
2. Improving staff capacity to provide evidence based information, support, assessment, diagnosis and treatment to intersex/DSD and transgender people and their families, guided by a multidisciplinary team and within a human rights framework.
3. Respecting gender and intersex variance and not pathologising differences.
4. Promoting the use of gender-inclusive, standardised language in health administrative systems, client surveys and forms.
5. Supporting a research agenda that aims to improve health outcomes for intersex/DSD and transgender Territorians.

## Associated Documents and Consumer Resources

For more information visit the [Transgender and gender diverse services web page.](https://nt.gov.au/wellbeing/transgender-and-gender-diverse-services/differences-of-sex-development-or-intersex-variation) To view the full Intersex/ differences of sex development and transgender health policy email [WomensHealth.DoH@nt.gov.au](mailto:WomensHealth.DoH@nt.gov.au) or phone 8985 8172.