

Confident Care in Aged Care

Virtual Learning Hour

The Rhythm of Care: Spotting and Managing Movement Disorders

Exploring Parkinson's disease, often referred to as the "King of Movement Disorders"

Recognising the key signs:

- Tremors
- Rigidity (stiffness)
- Freezing episodes
- Balance and postural instability

The critical importance of administering Parkinson's medications on time. Practical techniques to manage freezing safely. Safe mobility and turning strategies to reduce falls.

Recognising non-motor symptoms, including:

- Swallowing difficulties
- Quiet voice
- Constipation
- Anxiety and depression
- Cognitive changes

Providing safe, person-centred care to improve quality of life for people living with Parkinson's disease.

Audience: All aged care staff and healthcare providers working in aged care setting.



Tuesday 13 Oct 2026

2:00 pm - 3:00 pm



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Movement Disorders Nurse
Community Allied Health Team

Presenter

For more information contact: CLEaRS – Aged Care



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Continuing Professional Development (CPD)