'HIGH TOUCH' SURFACES

Note: For disinfecting check the labels of your products to ensure they are 'chlorine based'.



- Bleach
- Disinfectant
- Liquid soap
- Spray cleaner
- White vinegar



Choose one of these



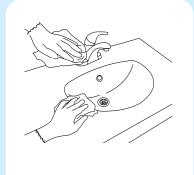
Add to a bucket of water (use gloves if you can)



Wet and wring out wash cloth



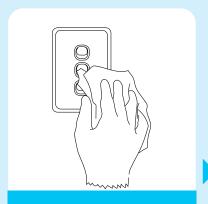
Use a spray cleaner or Surface wipes



Taps and sinks



Baths and showers



Light switches



Wipe all surfaces and phones



Doors and handles







CAUTION

Use cleaning products safely

- Always check the product label of cleaning products
- Ensure you water down your bleach (follow the instructions on the bottle)
- Wash your hands regularly when cleaning
- Wear gloves, aprons and masks if they are available to you.
- Open windows or turn on fans
- Do not spray bleach, instead apply to a cloth or add to water
- Let the surface air dry before use (roughly 5 mins without fans)
- WARNING: Cleaning products can trigger asthma
- Use less toxic certified products where possible
- Natural cleaning products (e.g. vinegar), should not be used with bleach or other chemical products as it can create a toxic gas
- Avoid touching your mouth, nose and eyes when cleaning
- Bleach solutions should be made daily as they become less effective with time.

