

# Healthy Smiles Training

## Oral Health & Fluoride Varnish Training

For Health Professionals

### Department of Health

Registered Training Organisation  
National Provider Number 0385



### Healthy Smiles

Course completion meets the performance and knowledge evidence required for the nationally accredited HLTOHC011 apply fluoride varnish. This stand alone unit forms part of the Health Training Package.

The program has been designed to equip Registered Health Practitioners, primarily Registered Nurses and Aboriginal Health Practitioners (AHPs) with skills necessary to apply fluoride varnish and to complete all components of the Well Child Health Check, part of the Healthy Under 5 Kids Program – Partnering Families (HU5K- PF). It provides some oral health background information, knowledge about early childhood decay, as well as prevention and management.

### Target Audience

- Registered Health Practitioners- Nurses, Aboriginal and Torres Strait Islander Health Practitioners
- Outreach, Child and Family Health Nurses
- All staff wishing to obtain oral health knowledge (online theory only)

### Contents

- Oral health and oral diseases including early childhood caries (ECC)
- Links to chronic health conditions
- Lift the lip oral health checks
- Risk and referral guidelines
- Anticipatory guidance and oral health promotion
- Fluoride and application of fluoride varnish.

### Training

Registered Health Practitioners can access the online theory modules training through the MyLearning link: <https://mylearning.nt.gov.au/my/>

After logging into the site, please enrol in: Healthy Smiles Online – Oral Health & Fluoride Varnish Training.

- Self-paced online theory modules and workbook assessment- approximately one full day
- Face to face practical training and assessment session by a trainer/assessor who holds a Certificate IV in Training Assessment and registered as a trainer with the Department of Health to achieve the competency- approximately half a day.



Language, literacy and numeracy requirements

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An appropriate level of language, literacy and numeracy is required to complete this Certificate IV unit. It is recognised health professionals accessing this training will have previously acquired a professional qualification at a minimum of this level for professional registration. Course applicants may identify and request specific support needs as part of the application process.

### Recognition of prior learning (RPL)

RPL is offered to applicants, to find out more information please contact the Oral Health Training Coordinator (details below).

### Assessment methods and outcomes

- Written/online workbook and practical demonstration assessments
- Completion of HLTOHC011 will allow participants to:
  - Return to their workplace and apply fluoride varnish to the teeth of children aged between 18 months and four years of age, meeting NT jurisdictional, legislative and regulatory requirements
  - Provide informed and targeted oral health guidance to parents/carers
  - Document, recall and refer appropriately in a child's health care plan.

For more information please contact the Oral Health Training Coordinator:

Phone: 8922 6416

Email: [OralHealthPromotion.THS@nt.gov.au](mailto:OralHealthPromotion.THS@nt.gov.au)