

What does it mean to have a Banned Drinker Order (BDO)?

- **Can I drink alcohol?**
 - No. You cannot purchase, possess or consume alcohol during the period in which the BDO is in force.
- **Can other people give me alcohol?**
 - No. People who give alcohol to someone subject to a BDO may in some circumstances be charged with a criminal offence, fined and placed on the BDR for 12 months.
- **Can I change how long I have a BDO for?**
 - If you complete a therapeutic support program you may be eligible for a reduction of your BDO.

Getting Help:

- If you want to change the problems you are having with alcohol, you can get help.
- Some people need a safe place to stop drinking, this might be at a withdrawal place or a residential program.
- Some people need someone to talk to such as a counselling service.

Counselling and Support Services:

- **Miwatj Health Aboriginal Corporation**
Clinical services to Aboriginal communities in the East Arnhem Land Region.
Phone: (08) 8939 1900
1424 Arnhem Rd, Nhulunbuy NT 0880
- **East Arnhem Alcohol and other Drugs Service**
Alcohol and other Drugs assessment and information.
Phone (08) 8987 0281
Floor 1, Community Health Building,
Chesterfield Street, Nhulunbuy NT 0880

Withdrawal Services:

- **Gove District Hospital (GDH)**
The GDH provides medical supervision and monitoring of inpatients withdrawing from alcohol and other drugs.

Phone: (08) 8987 0211
Matthew Flinders Way, Nhulunbuy NT 0880

Resources:

- **SMART Recovery**
<https://smartrecoveryaustralia.com.au>
- **Alcoholics Anonymous**
www.aa.org.au