

Take Heart video






Take Heart video – Important rheumatic heart disease (RHD) health message for Aboriginal community members

This video provides important health messages including:

- Acute rheumatic fever (ARF) is caused by the Group A Streptococcal (GAS) germ. The GAS germ can live in sore throats and skin sores.
- Anyone with ARF symptoms should attend the health centre for treatment. Penicillin needle can kill the GAS germ and prevent damage to the heart. Damage to the heart is called rheumatic heart disease.
- People that have had ARF or have RHD need penicillin needles every 3 to 4 weeks. The penicillin medicine goes all around the body and provides protection from the GAS germ, but the penicillin only lasts for 3 weeks and the needle needs to be repeated.
- To prevent ARF and protect the heart- wash your hands, keep house clean, and get skin sores and sore throat treated to keep the GAS germs away.

Regional/cultural considerations

These videos, made by RHD Australia, are made in multiple Aboriginal and Torres Strait Islander languages. **Caution** - the videos may contain images of deceased persons.

| Language | QR Code | Language | QR Code | Language | QR Code |
|----------------------|---|-----------|---|----------------------|---|
| English |  | Alyawarr |  | Anindilyakwa |  |
| Arrernte |  | Burarra |  | Kunwinjku |  |
| Murrinh Patha |  | Ndjebbana |  | Pintupi Luritja |  |
| Pitjantjatjara |  | Tetum |  | Tiwi |  |
| Torres Strait Creole |  | Warlpiri |  | West Kimberley Kriol |  |
| Yolngu Matha |  | | | | |

