

If you decide to take part, the research staff will ask you to sign a consent form. Signing the consent form means you agree to take part and you know what that means for you. The research staff will give you a copy of the consent form to keep. You can quit the research at any time. You just need to let the research team know.

Why take part in research?

People taking part in research are the most important part of the research! **Research would not happen without you.** You might want to get involved in research to:

- Learn more about your health condition
- Get new treatments that are only available to people taking part in research
- Help find answers to health conditions that we don't know about
- Trials may help others in the future

Who can I talk to?

All research in NT Health is approved by the NT Health Research Governance Office (RGO). The RGO only approve research after it has been approved by an ethics committee.

If you have any feedback, compliments or complaints about your involvement in research, we want to hear from you.

Please contact NT Health RGO at:

nthealth.rgo@nt.gov.au

To find out more about clinical trials, you can scan the QR code below or visit

australianclinicaltrials.gov.au/consumers



NT Health
Consumer
Approved



Understanding Research and Clinical Trials

health.nt.gov.au

Northern Territory (NT) Health aims to provide the best healthcare we can, which is based on facts. Research is very important to find answers about things that we don't know. Research helps to find out if new treatments, medicines or tests work. The results of research will help your doctors, nurses and other health workers improve on how they care for you.

What is a clinical trial?

A clinical trial is a type of research to find better treatments. Healthy and sick people help test how well the new treatment works. People help find out if the new way is safe and better than the normal way.

The NT Health Clinical Trials Register is a list of all clinical trials in the NT. You can scan the QR code to see the list.



How can I take part in Research?

There are different types of research and strict rules on who can take part, to make sure it is safe. The rules are called eligibility criteria. As an NT Health patient, your doctor may ask if you want to take part in research. You can also ask your doctor what research is being done now for your health condition.

It is important to know that **you can say YES or NO** to research at any time.

If you are thinking about saying yes, the research staff will explain all about the research to you. They will give you forms with details about the research for you to keep. Make sure you read and know what the form is saying. You may want to have a yarn with your family, friends or community. You can ask for an interpreter who speaks your own language to help you know what the form means.

Your doctor will still look after you the best they can even if you say no.

Some of the questions you may want to ask your doctor:



- Why are they doing the research?
- Why are they asking me to join the research?
- Will I get the real medicine or the placebo ('pretend medicine')? If I get the placebo, can I get the actual medicine later on?
- Is the research treatment or plan better than the normal care?
- Is it safe? What are the things that can go wrong?
- What type of tests will I have done during the research?
- How long will I have to stay on the research?