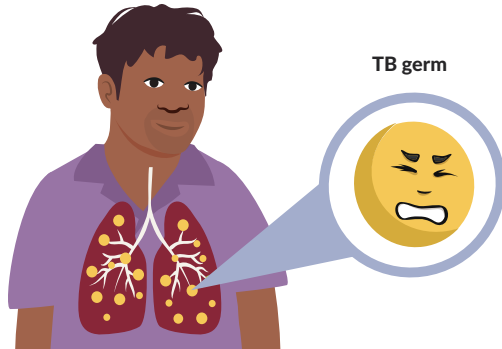


Factsheet

Latent tuberculosis infection (LTBI)

Information for patients and their families

What is TB?



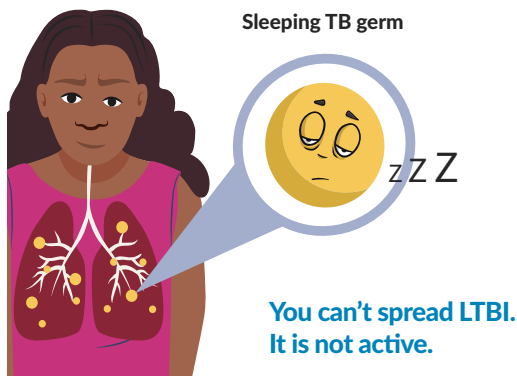
TB is an infectious disease caused by the TB germ *Mycobacterium tuberculosis*.
TB affects the lungs but can affect any part of the body.

How is TB spread?

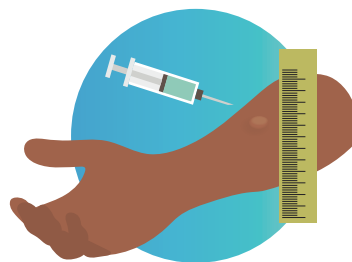


TB is spread by coughing, sneezing or spitting.
TB is not spread by touching or sharing food.

What is latent tuberculosis infection (LTBI)?



LTBI is the sleeping form of TB.
It doesn't make you sick.



A skin test by your doctor
will show if you have LTBI.



Over time LTBI can 'wake up' in 1
in 10 people. It can become active,
make you sick and you can spread it.

Signs of LTBI waking up

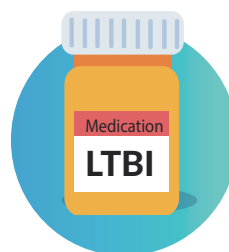


Coughing for
more than 2
weeks.

Night sweats.

Weight loss.

Ways to stop LTBI waking up



Medication can stop LTBI
from ever waking up to
cause TB sickness.



Stay healthy, eat well and exercise.
Drinking and smoking can make
LTBI wake up - so try to stop.