

# Coronavirus [COVID-19]

## LOOK AFTER YOURSELF AND YOUR FAMILY

### Wash your hands a lot



Wash your hands  
with soap and water



Rub your hands  
together



Wash between  
your fingers



Wash the back of your  
hands and your wrists



Wash all the soap  
off with water



Dry your hands  
properly

If you want to know more, call the  
NT COVID-19 hotline on 1800 490 484

[coronavirus.nt.gov.au](https://coronavirus.nt.gov.au)

 SecureNT

 **NORTHERN  
TERRITORY**  
GOVERNMENT