



HEALTHY AGEING STARTS WITH PREVENTION

Vaccination helps reduce the risk of serious illness as you get older.

Influenza (flu), pneumococcal and shingles vaccines are recommended and free for adults aged 65 years and above.

The respiratory syncytial virus (RSV) vaccine is also free under the National Immunisation Program for:

- People aged 75 years and over
- Aboriginal and Torres Strait Islander people aged 60 years and over.

Speak to your GP or local health clinic to make sure your vaccinations are up to date.
Stay well for what matters most.

Scan the QR code for
more information or visit



nt.gov.au/wellbeing/healthy-living/immunisation