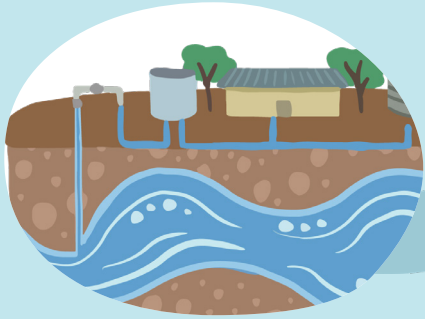


Alpurrurulam's drinking water

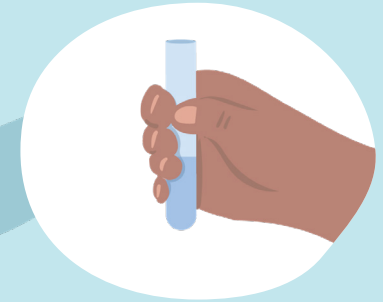
NT Health works with Power and Water to make sure that the best possible water is supplied to the community



1 The water in Alpurrurulam is bore water. It comes from the ground.



2 Bore water has a lot of minerals in it from the rocks.



3 Tests show the level of fluoride in Alpurrurulam water is 1.6mg/L.



4 Fluoride water 1.6mg/L is safe to drink for people 13 years and older.



5 People 13 years and older can drink tap water all the time, and as much as they want.



6 New health information says water with 1.6mg/L of fluoride is not best for pregnant women and kids 12 years and younger to drink all the time.



7 Pregnant women and kids 12 years and younger should drink bottled water.



8 Power and Water is giving bottled water to houses, the school and health clinic for pregnant women and kids 12 years and under to drink.



9 It is OK for people who are visiting including kids, to drink the tap water for a little bit of time.



10 Tap water is safe for washing the dishes, cooking and to have a shower.



11 It is important for everyone to drink water to be strong and healthy. Drinking water is much better for you than drinking soft drinks that are full of sugar and bad for your health.

If you want to know more about the new research or drinking water for children, call the health water mob on 1800 095 646