

# JUST ASK: COULD IT BE SEPSIS?

MOST CASES OF SEPSIS START AT HOME.

## KNOW THE SIGNS

Fast breathing  
or long pauses  
in breathing



Floppy



Blotchy, blue  
or pale skin



A lot of pain or  
very restless



Fit or seizure



Drowsy, difficult to wake up,  
irritable or confused



Cold skin



Rash that doesn't  
fade when pressed



Nausea, vomiting,  
unable to eat,  
drink or breastfeed



Pass less urine  
or have less  
wet nappies



Call  
Triple Zero  
(000)

**EMERGENCY**

## SEPSIS IS AN EMERGENCY

If your child has symptoms and you are worried, call triple zero (000) or go to your local health clinic or hospital.



SCAN FOR MORE  
SEPSIS INFORMATION