CHILD & ADOLESCENT TRANSGENDER HEALTH SERVICE PATHWAYS

Gender identity issues

- Self/family/mental health service referral

Self/family/mental health service referral

Remote Primary/Allied Health Care Professional referral

LGBTQI+ health service

Referral

Psychological/psychiatric assessment for gender dysphoria

Assessment

Yes

No

Discharge/refer to LGBTQI+ supportive GP with social support and mental health support options and reassessment/review

Diagnosis of gender dysphoria

Uncertain

Referral

General Practitioner (private GP, clinic doctor, Remote Medical Practitioner)

LGBTQI+ health service

Treatment Options*

Paediatric endocrinologist

Mental health support

Hormone treatment

Stage 1 puberty blockers hormone treatment

Consideration of fertility preservation

Stage 2 gender affirming hormone treatment and/or surgery for gender transition

Consideration of speech therapy

When 18 years of age, referral to adult services for ongoing hormonal treatment and/or surgery

Social and family support

Change name and gender in official documents: medicare, health/school records, passport, family support documents and birth certificate

*Clinicians will discuss treatment and support options with clients and families and a health plan suited to individual needs, age, stage of development and circumstances will be developed.